

Church of the Assumption of the Blessed Virgin Mary



17th

SUNDAY IN ORDINARY TIME

When they had had their fill, he said to his disciples, "Gather the fragments left over, so that nothing will be wasted." - Jn 6:12

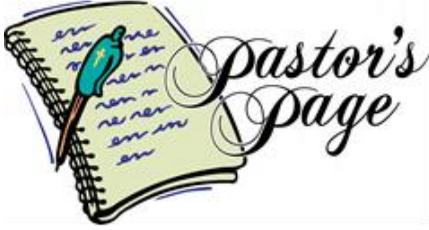
**3411 Martin Luther King Jr. Avenue, S.E.
Washington, DC 20032
www.info@assumptiondc.org**



Rev. Gregory Shaffer, Pastor

Saturday Vigil Mass: 4:30 pm
Sunday Mass: 10:00 am
Daily Mass: Monday thru Saturday 12:10 pm
Eucharistic Adoration: Monday, Wednesday, Friday 11:00 - 12:00 noon
Confessions: Saturday 3:30 - 4:15 pm
or anytime by appointment
Address: 3401 Martin Luther King, Jr. Avenue, S.E.
Washington, DC 20032
Office Hours: Monday, Wednesday, Friday
9:00 am to 5:00 pm
Tuesday 1:00 pm to 5:00 pm
Pastor: Father Greg Shaffer
202-561-4178 Cell 240-463-9960
Email: frgreg@assumptiondc.org
Secretary: Mrs. Cheryl Hamlin-Williams
Phone: 202-561-4178 Fax 202-561-0336
Email: info@assumptiondc.org

**Pope Francis
Outreach Center :** Food Pantry and Clothing Room
Director: Ms. Mildred Brown
Assistant Director Ms. Brenda Hare
Hours of Operation: Monday, Wednesday, Friday
9:00 am - 12:00 noon
Phone: 202-561-5941 Fax 202-561-4024
Email outreach@assumptiondc.org



**Sixteenth Sunday in Ordinary Time
July 29, 2018**

At our last men's group, we discussed the readings from last weekend which included the Lord's command to the Apostles: "rest a while" (Mk 6). One of our men asked me to describe Christian "rest".

The first thing to say is that Jesus was telling the Apostles to take a little retreat. We understand a retreat to be a break from everyday life, often for a few days. From that men's discussion, then, has come the idea for a weekend retreat for parishioners. More info will be provided soon!

Every Sunday is a day of rest, like a mini-retreat. Sunday is the Christian Sabbath because it is the day of the Resurrection. It is also honored as "the day of the Lord" to commemorate the day the Lord rested from the work of creation. So, Christians have approached Sunday as a way to honor the third commandment, "Keep holy the Sabbath" as well as Christ's commandment to "rest a while".

A day of rest does not mean that we do nothing. In fact, there are Sunday activities of which every Christian should be aware and should incorporate into the first day of the week. Here are some:

- Worship
- Prayer
- Rest & Relaxation
- Re-creation & Renewal
- Family life
- Social relationships
- Redskins games (at least I didn't put this first haha)

St. John Paul II wrote about Christian rest and the day of the Lord in his apostolic letter, *Dies Domini* (1998). Here are some excerpts:

[Christians] are obliged in conscience to arrange their Sunday rest in a way which allows them to take part in the Eucharist, refraining from work and activities which are incompatible with the sanctification of the Lord's Day, with its characteristic joy and necessary rest for spirit and body (67).

In order that rest may not degenerate into emptiness or boredom, it must offer spiritual enrichment, greater freedom, opportunities for contemplation and fraternal communion. Therefore, among the forms of culture and entertainment which society offers, the faithful should choose those which are most in keeping with a life lived in obedience to the precepts of the gospel (68).

Sharing in the Eucharist is the heart of Sunday, but the duty to keep Sunday holy cannot be reduced to this. In fact, the Lord's Day is lived well if it is marked from beginning to end by grateful and active remembrance of God's saving work. This commits each of Christ's disciples to shape the other moments of the day — those outside the liturgical context: family life, social relationships, moments of relaxation — in such a way that the peace and joy of the Risen Lord will emerge in the ordinary events of life (52).

Finally, some practical suggestions for Sunday rest from www.catholic.com:

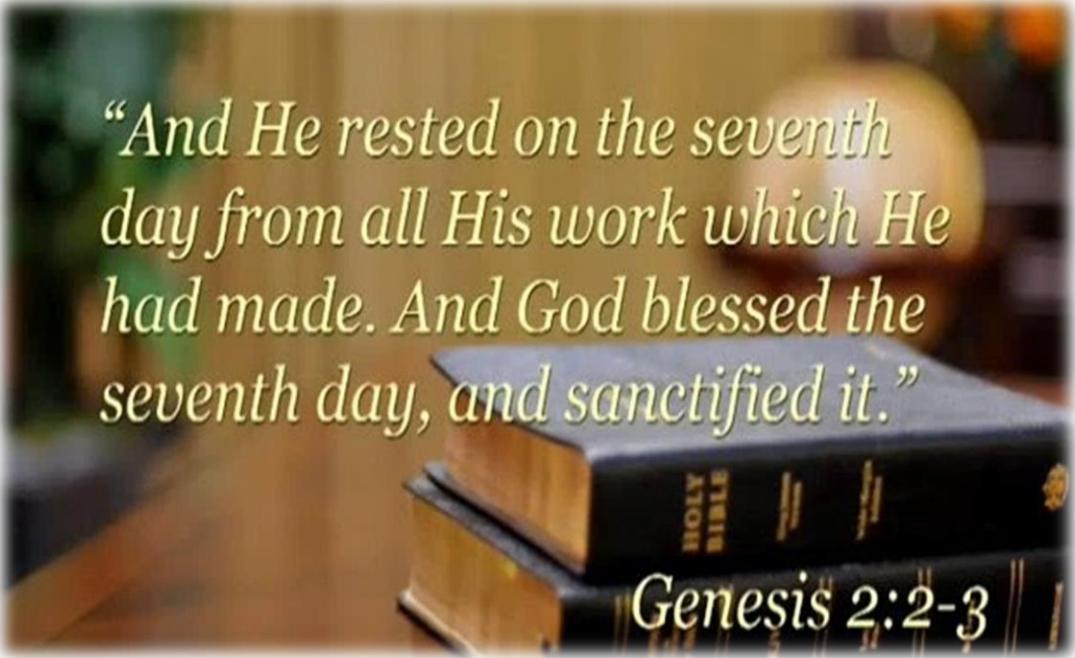
If you have a family, perhaps you might wish to get together as a family to plan special family activities for Sunday. This does not mean you need to spend money. Even what otherwise might be a “chore,” such as gardening or working on a home improvement project, might offer opportunities for “spiritual enrichment, greater freedom, [and] fraternal communion” when done together as a family.

If you are single, you could plan to spend the day with friends or with extended family. If you have a skill you truly enjoy, such as cooking or some other creative activity, perhaps you might offer it to someone in need. For example, perhaps you have an elderly neighbor who would enjoy a home-cooked meal.

Perhaps there is a local charity that would be happy to accept hand-sewn clothing or hand-crafted toys for the needy in your community.

In short, Sundays and the holy days of obligation should be time each week, and several days throughout the year, to live out the joy of our Lord's Resurrection.

May you know the peace of Christ,
Fr Greg

A stack of Bibles is shown in the foreground, resting on a wooden surface. The background is softly blurred, featuring a warm-toned lamp and some greenery. The text is overlaid in a golden, serif font.

“And He rested on the seventh day from all His work which He had made. And God blessed the seventh day, and sanctified it.”

Genesis 2:2-3

Healing Prayers for: Delores Abrams, , George Thomas, Yvonne Lesesne, Deacon Ralph Cyrus, Burdell Thomas, Angella Greene, Frederick McNeil, James Anthony Murphy, Earnest Ingram.Jr., John Howard, Iris Best, Dorothy Hollis, Calvin Best Gisele Best, Lezeal Rorie, Lillian Taylor, Veronica Brown, Deacon McBurnett Smith, Marsha Carlson-Meyers, Dr. Dee Jones Adams, Barry Robella, Father Dan Vitz, Eleonora Best, Jane Rhyne, Faye Lyon, Abby Fargo, Mildred Selmar, Heather Wooten-Rollins, Brenda Newman, Courtney Barlow, , Benjamin Davis, Ronald Horton, Veronica Harris, Teresa Wilkinson, Pauline Haggins, Dorothy Sylvester, Darlene Jones, Paul Higgins, Audrey Saunders, Pauline Johnson, June Murphy **Our Homebound Parishioners:** Corinne Bachiller, Sybil Depeazer, Louvenia Gray, Fr. Charles Green, Pauline Johnson, Barbara Thompson, Yvonne Samuel, Audrey Saunders, Joan Shields, Viola Walker
Repose of the Soul: Audrey Jones, Christine Jones (sister of Ann McNeil)

LIVE THE LITURGY - INSPIRATION FOR THE WEEK-July 29, 2018

Jesus so deeply moved with emotion and engulfed with pity for us? We often are sheep without a shepherd who are lured by the emptiness of worldly attractions and superficial desires. We become lost. God, in the depth of His being, is deeply moved by our pain, loneliness, and heartache. God does not judge or condemn. He loves and is mercy itself. He knows firsthand the pain that comes with being lost and alone and desires to teach us about His merciful love. Do we want to be taught? Listen to God's word and be open to God's presence in the Eucharist.

QUESTIONS OF THE WEEK - Jn 6:1-15

We hear John's account of the multiplication of the loaves and fishes by Jesus. Why do you think this is the only miracle in common between all four evangelists?

READINGS FOR THE WEEK



Monday:	Jer 13:1-11 Mt 13:31-35
Tuesday:	Jer 14:17-22 Mt 13:36-43
Wednesday:	Jer 15:10, 16-21 Mt 13:44-46
Thursday:	Jer 18:1-6 Mt 13:47-53
Friday:	Jer 26:1-9 Mt 13:54-58
Saturday:	Jer 26:11-16, 24 Mt 14:1-12
Next Sunday:	Ex 16:2-4, 12-15 Eph 4:17, 20-24 Jn 6:24-35

ONE MONTH MEMORIAL MASS CELEBRATIONS AND MASS INTENTIONS

All daily Masses are available for Mass Intentions. Please give the office a call if you would like to have a Mass offered for someone.



Announcements

To All Our Visitors Welcome to Assumption Catholic Church. We are glad that you are here! To become registered parishioners, please obtain a registration form, from one of our ushers.

Wednesday Eucharistic Adoration “Come Let Us Adore Him”. Could you commit to one hour per week? Transform your spiritual life and your relationship with Our Lord by committing to spend more time with Him. We have Wednesday Adoration of the Blessed from 11:00 am to 12:00 noon.

Back-2-School Jamboree 2 will be held on Saturday, August 18, 2018 from 1:00 ~ 3:00 PM in Church Hall. Students must be present, and the first 100 students will receive backpacks. Backpacks will not be distributed to Pre-K and Kindergarten students. Donations are accepted, and volunteers are welcome. Student volunteers will receive Community Service hours for their participation. For more information please call Ms. Edith O. Jones, 240-988-2839



DC Padres Final Game of 2018The DC Padres, a baseball team consisting entirely of Catholic priests and seminarians, will play their last game of the 2018 season on Sunday, August 26, against St. Vincent Pallotti High School, at the Baysox Stadium in Bowie, MD. The Padres game begins shortly after the 1:35pm Baysox game ends (i.e. ~4:30-4:45pm). For updates and info about tickets, please see the DC Padres webpage (www.dcpadres.com) or the DC Padres Facebook page, or contact Bill Wannall at wwannall@sacredheartlaplata.org. Mark your calendar now and tell your friends. Let’s fill the stadium in support of our priests and seminarians!

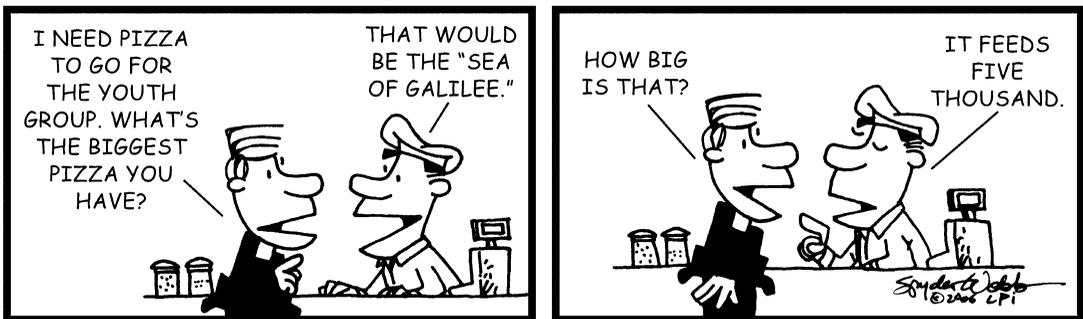
Triumph of the Cross-Celebration Sister to Sister: Proclaiming Our Season of Faith and Power! A Day of Reflection hosted by the Sisters in the Spirit Archdiocese of Washington here at OLPH on September 8th. Registration begins at 9:00 am. Keynote Speaker: Rev. Roy Lee, PhD, Archdiocese of Atlanta. Tickets: \$35 includes continental breakfast and lunch. Bring your bibles! For info contact Burman Hill at 240-620-4556 or Cherry Neal at 301-6413719.

SAVE THE DATE-Assumption will sponsor a Fall Retreat on September 21st – 23rd. We are just in the planning stages. The cost will be \$100.00. More details to come

Let's Talk About Faith and Life Through Sunday, September 23, a series of talks on various topics concerning the dignity of human life will be held each Sunday evening (except Labor Day weekend) from 6:30-8:30pm at St. Dominic Church in Washington, DC (630 E Street, SW). Co-sponsored by the parish and the archdiocesan Department of Life Issues, topics include abortion, just war, foster care and adoption, persons with disabilities, the sexual revolution, euthanasia, poverty, sex trafficking, capital punishment, racism, and immigration. The talks will take place in the Parish Meeting Room, and please bring a dish to share for a potluck dinner. For more information, please email prolife@adw.org

SAVE THE DATE - The "East of the River" Annual Revival - will be held on October 1-3, with the Youth Revival on, Saturday September 29th. The theme for this year is **"JESUS, HEAL OUR LAND; WHAT WE MUST DO"**

17TH SUNDAY IN ORDINARY TIME



July 29, 2018