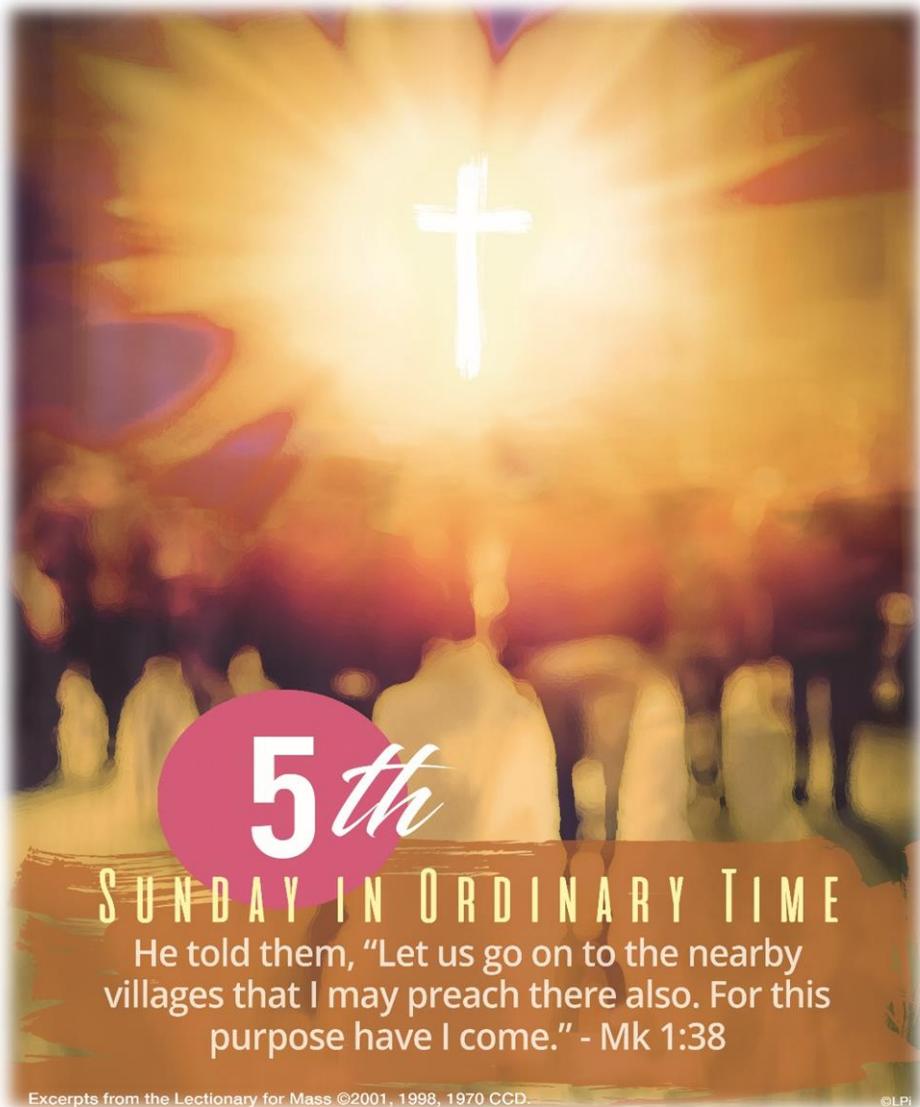


Church of the Assumption of the Blessed Virgin Mary



**3411 Martin Luther King Jr. Avenue, S.E.
Washington, DC 20032
www.assumptiondc.org**



Rev. Gregory Shaffer, Pastor

Saturday Vigil Mass: 4:30 pm
Sunday Mass: 10:00 am
Daily Mass: Monday thru Saturday 12:10 pm
Eucharistic Adoration: Monday, Wednesday, Friday 11:00 - 12:00 noon
Confessions: Saturday 3:30 - 4:15 pm, Wednesday 11:00 – 12:00 noon
or anytime by appointment

Address: 3401 Martin Luther King, Jr. Avenue, S.E.
Washington, DC 20032

Office Hours: Monday, Wednesday, Friday
9:00 am to 5:00 pm
Tuesday 1:00 pm to 5:00 pm

Pastor: Father Greg Shaffer
202-561-4178 Cell 240-463-9960

Email: frgreg@assumptiondc.org

Secretary: Mrs. Cheryl Hamlin-Williams

Phone: 202-561-4178 Fax 202-561-0336

Email: info@assumptiondc.org

**Pope Francis
Outreach Center :** Food Pantry and Clothing Room
Director: Ms. Mildred Brown
Assistant Director Ms. Brenda Hare
Hours of Operation: Monday, Wednesday, Friday
9:00 am - 12:00 noon

Phone: 202-561-5941 Fax 202-561-4024
Email outreach@assumptiondc.org



**Fifth Sunday of Ordinary Time
February 4, 2018**

“Could you not keep watch with me for one hour?”

-Mt 26:40

ESPN has a series of sports movies that it calls “30 for 30”. Starting February 21, we will begin our own 30 for 30. On that day, we will extend Eucharistic Adoration in the church to 9 am – 5 pm and continue it each Wednesday in Lent.

Whenever the Eucharist is exposed, at least two people should be there (one is always required). So, our sign-up sheet in the church vestibule includes two people for every half hour during those eight hours (except for 12-12:30 for Mass). So, my quick Gonzaga math (!) tells me that 2 people times 15 half hours equals 30 people. That means we are asking for 30 people to commit for 30 minutes of Adoration during Lent. 30 for 30!

What we be even better, of course, is if all 30 people made a full hour of Adoration. Jesus desires that of us (e.g., Mt 26:40).

Parishes that have stepped up their hours of Adoration have received extraordinary graces. Dioceses that have grown Adoration in their parishes have experienced an increase in vocations particularly with the priesthood. For individuals, God gives many graces to those who adore Jesus in the Eucharist. So, I promise you that the Lord will reward our parish and each one of you for going 30 for 30! He is never outdone in generosity.

Below are some quotes and testimonies about Eucharistic Adoration from www.eucharisticadoration.ie.

I hope that 30 of us experience the graces of Adoration this Lent and write our own testimony one day!

May you know the peace of Christ,

Fr. Greg

“Indeed, this is the will of My Father, that everyone who looks upon the Son and believes in Him, will have eternal life. Him I will raise up on the last day” – John 6:40.

“I have a burning desire to be honored in the Blessed Sacrament” – Jesus said to St. Margaret Mary Alacoque.

“What we need in every parish, to come before Jesus in the Blessed Sacrament frequently in holy hours of prayer” – St. Teresa of Calcutta.

“The most efficacious way to grow in holiness, is time spent with Jesus in the Blessed Sacrament” – Pope Paul VI.

“The Church and the world have a great need for Eucharistic worship. Jesus waits for us in the Sacrament of Love. Let us be generous with our time in going to meet Him in adoration and contemplation that is full of faith...May our adoration never cease” – St. John Paul II.

“The zeal to carry evangelization to the ends of the earth comes from contemplation and adoration of the Lord Jesus” – Pope Francis.

Testimonies

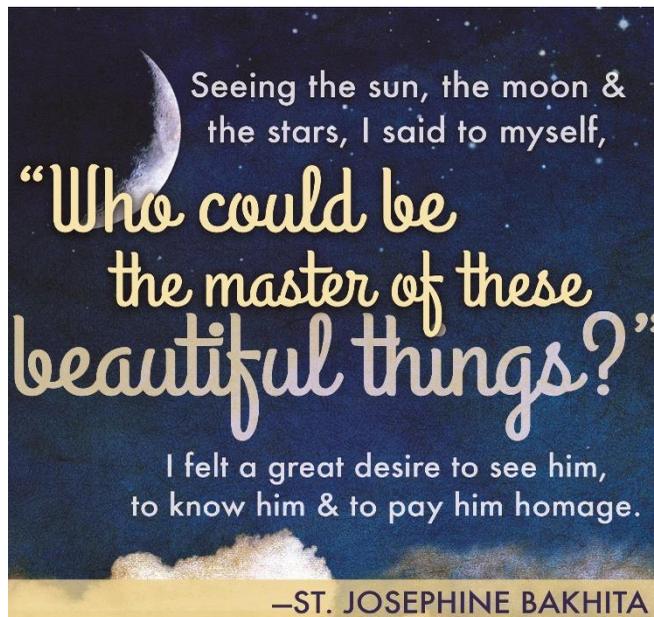
In recent times I had a feeling I wanted to do more than go to Mass each week. I felt in recent times, as if the Lord was calling me to do a little more. Then one Sunday a few months ago, a speaker from the Apostolate of Eucharistic Adoration was speaking at all the Masses in our Parish. During his talk he invited people to think in terms of a weekly commitment to Eucharistic Adoration.

Weekly Adoration for at least two days a week was about to begin in our Parish. There was emphasis on the need for commitment of an hour a week and that the spiritual benefits to individuals, families and the parish were enormous...since I have started weekly Adoration I look forward so much to my hour with the Lord. It is now, even after a short time, a real priority in my life. I continue to pray that other members of my family will follow. I keep telling them how much it means to me and that you have to experience it to appreciate it. – Angela

“...the most peaceful time of the week, my hour at Eucharistic Adoration” - Mary.
“I have been coming to weekly silent Adoration for a good while now. It just amazes me that anytime of the day, I can find Jesus here waiting for me. We are so fortunate to have such a treasure in our parish. Long may it last!”

“...Adoration...was the first time in years that I experienced peace in my life and I wanted more of this...It has made such a difference in my life...I am still very busy at various things but the hour in Adoration seems to help me to have a clearer head and do things more effectively and efficiently.

I now realize after all these years that the busier you are the more you need the Lord and one of the places to find Him is in the Adoration Chapel”.



Healing Prayers for: George Thomas, Yvonne Lesesne, Juanita Watkins, Deacon Ralph Cyrus, Burdell Thomas, Angella Greene, Frederick McNiel, James Anthony Murphy, Earnest Ingram Jr., John Howard, Iris Best, Dorothy Hollis, Calvin Best Gisele Best, Lezeal Rorie, Corinne Bachiller, Lillian Taylor, Veronica Brown, Deacon McBurnett Smith, Marsha Carlson-Meyers, Dr. Dee Jones Adams, Barry Robella, Father Dan Vitz, Eleonora Best, Jane Rhyne, Faye Lyon, Abby Fargo, Mildred Selmar, Heather Wooten-Rollins, Brenda Newman, Courtney Barlow, Christine Jones, Benjamin Davis, Ronald Horton, Veronica Harris, Teresa Wilkinson, Pauline Haggins, Dorothy Sylvester, Darlene Jones, Paul Higgins, Audrey Saunders, Pauline Johnson, June Murphy
Our Homebound Parishioners: Mary Cooke, Sybil Depeazer, Louvenia Gray, Fr. Charles Green, Pauline Johnson, Yvonne Samuel, Audrey Saunders, Joan Shields, Viola Walker

LIVE THE LITURGY - INSPIRATION FOR THE WEEK-February 4, 2018

When we suffer, we can easily find ourselves thinking that we have been abandoned by God or have done something to displease him and are now paying the price. Suffering is not God's fault. The reality of suffering and death is much more complicated than this and even somewhat mysterious. When Jesus preached the Gospel, it was made clear that suffering has meaning and always brings with it new life. It requires faith in order to understand this mystery. The Gospel brings us new life both here and in the life to come. This is truly Good News! When this Good News is understood by the believer it stirs within us a passion to urgently preach this healing and life-giving message to others.

QUESTION OF THE WEEK - Mark 1:21-28

Mark presents Jesus as a miracle-worker from the earliest stages of his public ministry. In what ways do you think it was a challenge to balance the healing and the preaching?

READINGS FOR THE WEEK

Monday: 1 Kgs 8:1-7, 9-13 Mk 6:53-56
Tuesday: 1 Kgs 8:22-23, 27-30 Mk 7:1-13
Wednesday: 1 Kgs 10:1-10 Mk 7:14-23
Thursday: 1 Kgs 11:4-13 Mk 7:24-30
Friday: 1 Kgs 11:29-32; 12:19 Mk 7:31-37
Saturday: 1 Kgs 12:26-32; 13:33-34
Next Sunday Lv 13:1-2, 44-46 1 Cor 10:31—11:1 Mk 1:40-45



ONE MONTH MEMORIAL MASS CELEBRATIONS AND MASS INTENSIONS

Wednesday, February 7, 2018 Mass Intention for:

Willie Mae Mickel – Barbara Williams' mother

Marvin Greene – Barbara Williams' brother

All daily Masses are available for Mass Intensions. Please give the office a call if you would like to have a Mass offered for someone.



Announcements

Mass for Ash Wednesday is at 12 Noon

National Day of Prayer for the African-American and African Family

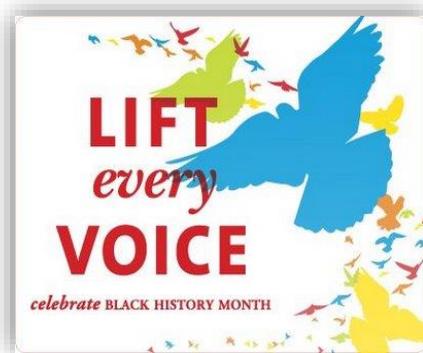
Sunday, February 4 will mark the 30th National Day of Prayer for the African-American and African Family, founded in 1989 by Fr. Jim Goode, OFM. The theme of "Share the Journey" invites us to join in solidarity with our African-American and African brothers and sisters, as we pray for their needs and their families. A resource aid for this occasion contains a prayer composed by Fr. Goode, suggested activities to celebrate the day, and a catechetical reflection by Therese Wilson Favors, former Director of the Office of African-American Catholic Ministries for the Archdiocese of Baltimore.

Come and Let Us Sing

St. Augustine: "He who sings prays twice"

If you have a desire to praise God in song, please consider joining our music ministry. Rehearsals are on Tuesday at 6:00 pm. In the church. Please see Ms. Denese after Mass

Black History Month, also known as **African-American History Month** in America, is an annual observance in the United States, Canada, United Kingdom and in the Netherlands where it is known as Black Achievement Month. It began as a way for remembering important people and events in the history of the African diaspora. The precursor to Black History Month was created in 1926 in the United States, when historian Carter G. Woodson and the Association for the Study of Negro Life and History announced the second week of February to be "Negro History Week. This week was chosen because it coincided with the birthday of Abraham Lincoln on February 12 and of Frederick Douglass on February 14, both of which dates black communities had celebrated together since the late 19th century.¹



SHROVE TUESDAY

Shrove Tuesday is a day of celebration as well as penitence, because it's the last day before Lent. Please join us on Tuesday, February 13, 2018 from 5:00 until for pancakes. All are welcome

Make a Planned Gift

Our Parish has many different missions within the community which include assisting the frail, elderly, sick or who are just in need of help. Our Parish supports schools, our seniors, our families, the marginalized and the poor. There are many people who are assisted by our Parish who would not otherwise receive any help.

You can help the Parish with a bequest in your Will. A bequest to your Parish can create lasting change in people's lives.

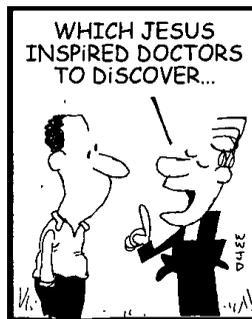
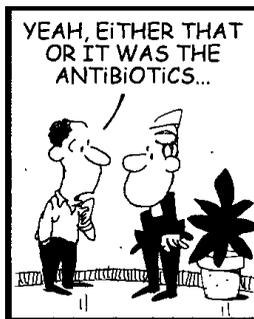
Remembering our Parish in your Will assists the Church to continue to make positive changes to people's lives every day. You can help make a difference.

The Bulletin

All bulletin announcements must be submitted in writing for the Pastor's approval.

No spontaneous announcements will be allowed. They must be in the office the following week of, by Wednesday at 12:00 Noon.

5th SUNDAY IN ORDINARY TIME



February 4, 2018